

	Monday	Tuesday	Wednesday	Thursday	Friday			
Week 1 W/c 7.1.19	BBQ Chicken Served with Rice, Peas & Sweetcorn Mixed Bean Casserole Served with Rice, Peas & Sweetcorn Cream Cheese filled Croissant with Crudites, Dried Fruit & Fruit Yoghurt Jacket Potato with Cheese/Beans Ice Cream & Wafer or Fruit Yoghurt	Fish Cake with Herby Diced Potatoes, Peas & Ketchup Country Veg Bakes, Herby Diced Potatoes, Peas & Ketchup Hot Cheese & Ham Deli Roll, Crudites, Banana & Bread Sticks Jacket Potato with Cheesy Coleslaw Sticky Chocolate Cake or Fruit Yoghurt	Roast Lincolnshire Gammon with Gravy, Roast Potatoes, Broccoli & Carrots Quorn Pasties with Gravy, Roast Potatoes, Broccoli & Carrots Cheese Sandwich, Crudites, Mini Cheddars & Chocolate Brioche Jacket Potato with Chicken & Sweetcorn Mayonnaise Fruit Yoghurt or Fruit	Bolognaise with Pasta, Salad & Garlic Bread Cheesy Quorn, Tomato & Basil Pasta Bake served with Salad Ham Sandwich, Cheese Portion, Bread Sticks & Flapjack Jacket Potato with Cheese/Beans Apple Crumble Slice & Custard (FBD) or Fruit Yoghurt	Lincolnshire Sausage with Beans & Mashed Potato Quorn Sausage with Beans & Mashed Potato Chicken Sandwich, Crudites, Cream Cracker & Cookies Jacket Potato with Bolognaise Banana Drizzle Loaf (FBD) or Fruit Yoghurt	** Vegetables are subject to seasonality & Rice, Pasta and Pizza Bases are Wholegrain or 50/50. ** All our meat is sourced from our onsite Butchers Shop ** Bread, Fruit and Water available for all children		
	Week 2 W/c 14.1.19	Mild Chilli Beef with Rice & Mini Mixed Veg Cheesy Vegetable Pasta with Mixed Veg Ham Sandwich, Cheese Portion, Bread Sticks & Flapjack Jacket Potato with Cheese/Beans American Pancakes & Chocolate Sauce Fresh Fruit	Turkey Meat Balls in Rich Tomato & Basil Sauce, Pasta with Peas & Sweetcorn Quorn Meat Balls in Tomato & Basil Sauce, Pasta, Peas & Sweetcorn Chicken Sandwich, Crudites, Cream Cracker & Cookies Jacket Potato with Tuna Mayonnaise Toffee Apple Sponge with Custard (FBD) or Fresh Fruit	Roast Chicken with Gravy, Roast Potatoes, Cabbage & Carrots Stuffed Peppers with Roast Potatoes, Cabbage & Carrots Cream Cheese filled Croissant with Crudites, Dried Fruit & Fruit Yoghurt Jacket Potato with Chicken & Sweetcorn Mayonnaise Fruit Yoghurt or Fresh Fruit	Chicken Burger, Hash Brown Puffs & Baked Beans Veggie Burger, Hash Brown Puffs & Baked Beans Cheese Sandwich, Crudites, Mini Cheddars & Chocolate Brioche Jacket Potato with Chicken Curry Jelly & Fruit (FBD) or Fresh Fruit	Meaty Beef Lasagne with Garlic Bread & Mixed Salad Quorn Lasagne, Garlic Bread & Mixed Salad Hot Cheese & Ham Deli Roll, Crudites, Banana & Bread Sticks Jacket Potato with Cheese/Beans Peach Sponge & Custard (FBD) or Fresh Fruit	All Jacket Potato Fillings are Gluten Free ** Fish Cakes will contain Salmon at least once every 3 Weeks All Gravy is Gluten Free	
		Week 3 W/c 21.1.19	Mild Chicken Curry with Rice, Peas & Naan Bread Macaroni Cheese with Peas Cream Cheese filled Croissant with Crudites, Dried Fruit & Fruit Yoghurt Jacket Potato with Cheese/Beans Ice Cream & Wafer or Fruit Yoghurt	Cheese & Tomato Pizza, Herby Diced Potatoes & Mixed Salad Vegetable Lasagne with Mixed Salad Cheese Sandwich, Crudites, Mini Cheddars & Chocolate Brioche Jacket Potato with Chicken Balti Iced Mandarin Sponge (FBD) Fruit Yoghurt	National Pie Day Lincolnshire Beef & Veg Pie, Boiled Potatoes, Cauliflower & Carrots Quorn Pastie served with Boiled Pots, Cauliflower & Carrots Ham Sandwich, Cheese Portion, Bread Sticks & Cookie Jacket Potato with Tuna Mayo Chocolate Chip Cookie or Fruit Yoghurt	Chicken Nuggets Duchess Potatoes & Beans Quorn Nuggets with Duchess Potatoes & Beans Chicken Sandwich, Crudites, Cream Cracker & Cookies Jacket Potato with Cheese & Coleslaw Jam Sponge & Custard or Fruit Yoghurt	Lincolnshire Chipolatas with Mashed Potatoes and Green Beans with Gravy Chickpea Casserole with Mashed Potatoes and Green Beans Hot Cheese & Ham Deli Roll, Crudites, Banana & Bread Sticks Jacket Potato with Cheese/Beans Jelly & Fruit (FBD) or Fruit Yoghurt	Fruit Yoghurts will be Strawberry unless stated All Sides and Jacket Fillings come separate to the main meal to allow for allergens and special dietary requirements

	Monday	Tuesday	Wednesday	Thursday	Friday			
Week 4 w/c 28.1.19	Fish Cakes, Herby Diced Potatoes, Peas & Ketchup Cheese & Onion Lattice, Herby Diced Potatoes, Peas & Ketchup Chicken Sandwich, Crudites, Cream Cracker & Cookie Jacket Potato with Cheese & Beans Chocolate Mousse Slice or Fresh Fruit	Cowboy Chicken with Rice, Sweetcorn & Peas Cheesy Vegetable Pasta with Sweetcorn & Peas Cream Cheese filled Croissant with Crudites, Dried Fruit & Fruit Yoghurt Jacket Potato with Coleslaw Pineapple Sponge & Custard (FBD) or Fresh Fruit	Roast Lincolnshire Gammon with Gravy, Boiled Potatoes, Broccoli and Carrots Quorn Fillet with Boiled Potatoes, Broccoli and Carrots Cheese Sandwich, Crudites, Mini Cheddar & Chocolate Brioche Jacket Potato with Tuna & Sweetcorn Mayonnaise Ice Cream & Wafer or Fresh Fruit	Lincolnshire Chipolatas with Mashed Potatoes, Green Beans & Gravy Quorn Sausage, with Mashed Potatoes, Green Beans & Gravy Hot Cheese & Ham Deli Roll, Crudites, Banana & Bread Sticks Jacket Potato with Chicken Balti Chocolate Loaf Cake & Chocolate Custard or Fresh Fruit	Meaty Beef Lasagne with Garlic Bread and Mixed Salad Vegetarian Pizza with Mixed Salad Ham Sandwich, Cheese Portion, Bread Sticks & Flapjack Jacket Potato with Cheese & Beans Fruit Yoghurt (FBD) or Fresh Fruit	** Vegetables are subject to seasonality & Rice, Pasta and Pizza Bases are Wholegrain or 50/50. ** All our meat is sourced from our onsite Butchers Shop ** Bread, Fruit and Water available for all children		
	Week 5 w/c 4.2.19	Chicken & Vegetable Fajita with Rice Vegetable Chilli with Flat Bread & Rice Cream Cheese filled Croissant with Crudites, Dried Fruit & Fruit Yoghurt Jacket Potato with Cheese & Beans Jelly and Fruit (FBD) or Fruit Yoghurt	Chinese New Year Sweet & Sour Pork with Vegetable Rice Quorn Mince & Noodles Ham Sandwich, Cheese Portion, Bread Sticks & Flapjack Jacket Potato with Chinese Chicken Chocolate Orange Marble Cake Fruit Yoghurt	Roast Lincolnshire Turkey, served with Gravy, Roast Potatoes, Carrots & Cabbage Chickpea Casserole with Roast Potatoes, Carrots & Cabbage Chicken Sandwich, Crudites, Cream Cracker & Cookies Jacket Potato with Cheesy Coleslaw Chocolate Mousse Slice or Fruit Yoghurt	Fish Cake with Beans & Herby Diced Potatoes Country Veg Bakes with Beans & Herby Diced Potatoes Hot Cheese & Ham Deli Roll, Crudites, Banana & Bread Sticks Jacket Potato with Tuna & Sweetcorn Mayonnaise Ice Cream & Wafer or Fruit Yoghurt	Cottage Pie served with Winter Vegetables Crispy Cheesy Mashed Potato with Winter Mixed Vegetables Cheese Sandwich, Crudites, Mini Cheddars & Chocolate Brioche Jacket Potato with Cheese & Beans Lemon & Honey Loaf or Fruit Yoghurt	All Jacket Potato Fillings are Gluten Free ** Fish Cakes will contain Salmon at least once every 3 Weeks All Gravy is Gluten Free	
		Week 6 w/c 11.2.19	Chicken & Vegetable Casserole with Boiled Potatoes and Peas Veggie Sausage, with Boiled Potatoes and Peas Cream Cheese filled Croissant with Crudites, Dried Fruit & Fruit Yoghurt Jacket Potato with Cheese & Beans Jam Sponge & Custard (FBD) or Fresh Fruit	Pasta Bolognese with Garlic Bread & Salad Tomato & Vegetable Pasta with Garlic Bread & Salad Hot Cheese & Ham Deli Roll, Crudites, Banana & Bread Sticks Jacket Potato with Chilli Beef Frozen Yoghurt Pots or Fresh Fruit	Pancake Day Roast Chicken with Gravy, Roast Potatoes & Winter Vegetables Quorn Pastie with Roast Potatoes & Winter Vegetables Cheese Sandwich, Crudites, Mini Cheddars & Chocolate Brioche Jacket Potato with Cheesy Coleslaw American Pancakes with Chocolate Sauce or Fresh Fruit	Valentines Menu Fish Fingers with Hash Brown Puffs and Spaghetti Hoops Vegetable Nuggets with Hash Brown Puffs and Spaghetti Hoops Ham Sandwich, Cheese Portion, Bread Sticks & Flapjack Jacket Potato with Cheese/Beans Red Velvet Cake or Fresh Fruit	Cheese & Tomato Pizza with Herby Diced Potatoes, Baked Beans Mediterranean Veg Pizza with Herby Diced Potatoes & Baked Beans Chicken Sandwich, Crudites, Cream Cracker & Cookies Jacket Potato with Tuna & Sweetcorn Mayo Fruit Yoghurts or Fresh Fruit	Fruit Yoghurts will be Strawberry unless stated All Sides & Jacket Fillings come separate to the main meal to allow for allergens and special dietary requirements

Main Meals	Cereals containing Gluten	Crustaceans	Eggs	Fish	Peanuts	Soya Beans	Milk	Nuts	Celery	Mustard	Seseme	Sulphites	Lupins	Molluscs	Vegetarian	Vegan
Veggie Burgers	x						x			x					x	
Chicken & Vegetable Fajitas	x		x							x	x					
Veggie Chilli	x					x									x	
Tomato & Vegetable Pasta	x					x	x			x					x	
Mild Chilli Beef	x					x										
Cheesy Vegetable Pasta	x		x				x								x	
Country Vegetable Bakes	x						x								x	
Cottage Pie	x						x									
BBQ Chicken	x											x				
Beef & Veg Pie	x						x									
Cowboy Chicken	x															
Roast Lincolnshire Turkey																
Chicken & Vegetable Casserole	x															
Fish Fingers	x		x				x									
Mixed Bean Casserole	x														x	
Quorn Sausage	x		x				x								x	
Vegetabel Lasagne	x		x				x								x	
Chickpea Casserole	x														x	x
Cheesy Vegetable Pasta	x		x				x								x	
Quorn Mince Noodles	x		x												x	
Crispey Cheesy Mashed Potato							x								x	
Vegetable Nuggets	x														x	x
Cheese & Onion Lattice	x					x	x		x	x					x	

Willoughby Foods Allergen Information

Side Dishes	Gluten	Cereals containing	Crustacean	Eggs	Fish	Peanuts	Soya Beans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupins	Molluscs	Vegetarian	Vegan
Baked Beans																X	X
Broccoli																X	X
Carrots																X	X
Cauliflower																X	X
Herby Diced Potatoes	X															X	X
Roast Potatoes	X															X	X
Mashed Potato								X								X	
Duchess Potatoes								X								X	
Tortilla Wrap	X							X								X	
Garlic Bread	X						X									X	
Gravy							X									X	X
Green Beans																X	X
Peas																X	X
Pasta	X			X												X	
Naan Bread	X							X								X	
Rice																X	X
Mixed Salad																X	X
Sweetcorn																X	X
Mini Mixed Veg																	X
Cabbage																X	X
Hash Brown Puffs																X	X
Boiled Potatoes																X	X
Winter Vegetables																X	X
Spaghetti Hoops																X	X
Ketchup																X	X

All Gravy will be GF & Vegan

Willoughby Foods Allergen Information

Desserts	Cereals containing Gluten	Crustacean	Eggs	Fish	Peanuts	Soya Beans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupins	Molluscs	Vegetarian	Vegan
Fruit Yoghurts - Low Fat							X								X	
Sticky Chocolate Cake	X		X										X		X	
Apple Crumble Slice	X		X				X									
Banana Drizzle Loaf	X		X				X								X	
Chocolate Chip Cookies	X		X			X	X								X	
Iced Manderin Sponge	X		X			X	X								X	
Ice Cream & Wafer	X					X	X								X	
Fruit & Jellies																
Jam Sponge & Custard	X		X				X						X		X	
Pineapple Sponge & Custard	X		X			X	X								X	
Toffee Apple Sponge & Custard	X		X				X						X		X	
Pancakes & Chocolate Sauce	X		X				X						X		X	
Peach Sponge & Custard	X		X				X						X			
Chocolate Mousse Slice	X		X			X	X									
Lemon & Honey Loaf	X		X				X						X			
Frozen Yoghurt Pots							X									
Red Velvet Cake	X		X				X						X			
Chocolate & Orange Marble Cake	X		X				X						X		X	
Chcocolate Loaf Cake with Custard	X		X				X						X		X	

Willoughby Foods Allergen Information

Jacket Potato Fillings	Cereals containing Gluten	Crustacean	Eggs	Fish	Peanuts	Soya Beans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupins	Molluscs	Vegetarian	Vegan
Bolognese						x										
Cheese & Beans							x								x	
Cheesy Coleslaw			x				x								x	
Chicken Curry							x									
Chicken & Sweetcorn Mayonaise			x				x									
Chilli Beef						x										
Tuna Mayonaise			x	x			x									
Chicken Balti							x									
Tuna & Sweetcorn Mayonaise			x	x			x									
Coleslaw			x												x	
Cheese & Coleslaw			x				x								x	
Chinese Chicken										x	x					